



How to take part:

Taking part is easy, you just have to decide what you will do. Get creative and most importantly, have fun!

Step 1: Decide how you will take part

Simply wear something blue, dye your hair blue, dye your beard blue, anything goes.

Step 2: Fundraise

You can donate the funds you raise via our Do Blue online fundraising page. Every penny you donate comes directly to us –including Gift Aid

Follow the link below and click 'give now'
justgiving.com/campaign/doblue2023

To find out more, register your interest and download resources visit: norfolkandwaveneymind.org.uk/do-blue

For more information email us at
fundraising@norfolkandwaveneymind.org.uk