



# wellbeing Socials

## Community Socials December 2023



Norfolk and Waveney  
Talking Therapies

Date & Time...			Event...	Location...
Tues	5th	12:00	Wellbeing Social - Halesworth	Chinny's 27 Norwich Rd, Halesworth IP19 8BX
Wed	6th	18:00	Crosswords	Online via our website
Thurs	7th	13:00	Mindful Colouring	St Andrew's Church, Roman Road, Lowestoft, NR32 2DQ
Thurs	7th	18:00	Dungeons & Dragons One Shot <b>(Booking required)</b>	Athena Games, Norwich
Mon	11th	13:30	Virtual Café	Online via our website
Tues	12th	13:00	Sheringham Café Catch Up	Sheringham Little Theatre Café, 2 Station Rd, Sheringham NR26 8RE
Wed	13th	10:30	Strangers Hall Museum visit <b>(Booking required)</b>	Strangers Hall, Norwich
Wed	13th	13:30	Attleborough Café Catch Up	The Hideout, Queen's Square, Attleborough, NR17 1AF
Thurs	14th	10:30	Norwich Coffee & Catch Up - Scam Awareness Special	Merchant's House Cafe, Fye Bridge, Norwich
Fri	15th	09:00	Theatre Royal Backstage Tour <b>(Booking required)</b>	Theatre Royal, Norwich
Mon	18th	13:30	Pensthorpe Café Catch up	Pensthorpe Rd, Fakenham, NR21 0LN
Tues	19th	10:30	Theatre Royal Coffee Social	Theatre Royal, Norwich
Wed	20th	18:00	Festive Quiz	Online via our website
Thurs	21st	10:30	Notcutts Christmas Social <b>(Booking required)</b>	Daniels Road, Norwich, NR4 6QP
Wed	27th	18:00	THE BIG FAT END OF YEAR QUIZ	Online via our website



Any queries please email us on [socials@wellbeingnandw.co.uk](mailto:socials@wellbeingnandw.co.uk)



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Wellbeing is commissioned by Norfolk and Waveney Integrated Care Board (ICB).

