



## Climate Café Series

### At the Sainsbury Centre

**When: Second Tuesday of each month, 5pm - 6.30pm**

**Where: Sainsbury Centre, Studio - meet at Reception**

Concerned about the climate crisis? Worried you're not doing enough? Come along to our climate cafés. A friendly informal space to talk about how you are feeling about the climate emergency over a cuppa and some cake. Talking with like-minded others can help us find, or revive, our agency and compassionate resourcefulness, rather than leaning into despair, shame and helplessness.

Each climate café will begin with a special viewing an artwork (to be confirmed before each session), including an introduction from one of the Sainsbury Centre team.

For more information, please email: [sustain@norfolkandwaveneymind.org.uk](mailto:sustain@norfolkandwaveneymind.org.uk)