

ALL TO PLAY FOR

Finding life difficult at the moment? Unite with other guys who feel the same and have a shared love of the beautiful game

Free weekly football sessions for men aged 18+
Meet new friends & get access to the support you need.
Simply wear appropriate clothing and trainers or boots!



Where:

**Breckland Leisure Centre,
Croxtan Road, Thetford, IP24 1JD**

When:

(Starting 10 November 2022)
Thursdays 10am - 11am

No booking necessary - just turn up!

If you have any questions, please email Sam Watts on sam.watts@activenorfolk.org or Gabriel Mansbridge on gabriel.mansbridge@activenorfolk.org

www.wellbeingnands.co.uk