



# Psychiatric Liaison Service

**The Psych Liaison Service is designed to enable anyone not currently open to CMHT or CRHT to access the support they deserve.**

We do this by offering up to 12 weeks of support where we can rapidly identify their needs, make appropriate referrals and offer emotional and practical support, this is done on a 1:1 basis in the community.


# About Our Psychiatric Liaison Service

## What we do:


- Make first contact with client within 4 working days of referral.
- Allocate Liaison worker within 5 working days of making contact with the client.
- Offer a comprehensive assessment to identify support needs.
- Complete all appropriate referrals.
- Providing weekly face to face or telephone support sessions, offering emotional and practical support throughout their time in Mind's Psych Liaison Service.

## How and who to refer:

- Anyone aged 18+ admitted into QEH, NNUH and JPUH not currently open to CMHT or CRHT is able to be referred into Mind's Psych Liaison service.
- The Three Mental Health Liaison Teams across the QEH, NNUH and JPUH have access to our quick and easy referral form.
- Email referral to the referrals inbox.

 My Liaison Worker basically has turned my life around from being in a very dark place to being a much stronger person with a different outlook.

My Liaison Worker has been a wonderful inspiration. She has given me comprehensive, helpful and useful advice which I have been able to act upon. I found her to be totally motivating, positive, kind, thoughtful and a great listener.

She is responsible for restoring and fixing me. Without her I would still be in a difficult place. I cannot thank her enough. 

## Contact us:

**Email:** [Psychliaisonreferrals@norfolkandwaveneymind.org.uk](mailto:Psychliaisonreferrals@norfolkandwaveneymind.org.uk)

**Website:** [norfolkandwaveneymind.org.uk](http://norfolkandwaveneymind.org.uk)

**Call:** 0300 330 5488