Thank you for your interest in becoming a Haven Support Volunteer!

Our groups aim to enable participants to meet others and expand their social circles in a relaxed, non-judgemental environment. The groups are open access meaning anyone can join the group.

Here is a little more information to give you a clear understanding of the role:

**What does a** Haven Support **Volunteer do?**

Help create a safe, friendly and welcoming environment for all group members.

Be confident to engage with people attending the group (in conversation or quietly sitting beside).

Be an extra listening ear and flexible pair of hands to support group members to make connections.

Respect different cultural values and work in a non-discriminatory and non-judgemental manner, respecting professional boundaries at all times

Inform staff of any concerns about yours/a group member’s wellbeing

Attend volunteer training, support and supervision meetings and adhere to Norfolk and Waveney Mind policies and procedures at all times (including undergoing an enhanced DBS check).

Minor administration tasks. Some IT skills required.

**Who makes an ideal** Haven Support **volunteer?**

Volunteers to the role will be self-motivated, open minded with the ability to engage and motivate others with a variety of personalities.

Patience, empathy and a willingness to listen.

An understanding or willingness to learn what fostering recovery involves.

Ability to travel to and from the group (travel expenses will be re-imbursed)

Able to commit to certain days/times to volunteer to reflect the times the group meets

We are looking for people who are passionate about making an impact on the lives of people who may have/or be struggling with their mental wellbeing. Who can help Group attendees, who may have difficulty relating socially and may be at risk of being socially isolated.

May have personal experience of recovery that you want to use for the benefit of others and are able to demonstrate personal resilience that enables you to support others

**What you will receive from us**

**Training and Support**

This is an opportunity to learn, develop and put into practise existing skills with our support. As a volunteer with us you will receive training in the following areas:

Introduction to the Project

Volunteer and Organisational Induction

Any Mandatory Training required for the role (Safeguarding, Professional Boundaries)

Other training appropriate to the role (Recovery Training, MHFA when available)

Regular supervision with Team Leader / Manager

Plus any other training that may become available and deemed as relevant to your role.

Reimbursement of some expenses if appropriate (e.g. mileage)

An opportunity to work with an amazing team of staff and volunteers whose primary focus is the support and re-enablement of those who may be suffering from loneliness and isolation enhanced by their mental health conditions.

Download the criteria list for a comprehensive look at the role and how to apply

We hope this feels like an exciting and interesting opportunity to you