

We're going to

“Do Blue”



with

Norfolk and
Waveney

this World Mental
Health Day

10 October



Find out how you can get involved
norfolkandwaveneymind.org.uk/do-blue

Registered charity - no. 1118449

 **Mind** Norfolk and Waveney

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How will you

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How will you **Do Blue** this World Mental Health Day?

Unite with us in turning Norfolk and Waveney blue to raise awareness and vital funds to support our work right here in Norfolk and Waveney

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How will you *do* Blue *do* this World Mental Health Day?

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We raised



by ^{to}Doing Blue⁹⁹ this
World Mental Health Day

In aid of
 mind
Norfolk and
Waveney

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