

Date & Time...			Event...	Location...
Thu	2nd	13:00	Mindful Colouring	St Andrew's Church, Roman Road, Lowestoft, NR32 2DQ
Thu	2nd	18:00	Dungeons & Dragons One Shot (<i>booking required</i>)	Athena Games, Norwich, NR2 1ER
Tue	7th	12:00	Halesworth Wellbeing Social	Chinny's, Halesworth, IP19 8BX
Wed	8th	13:30	Attleborough Café Catch Up *NEW*	The Hideout, Queen's Square NR17 1AF
Wed	8th	18:00	Crosswords	Online via our website
Thu	9th	10:30	Coffee & Catch Up - Norwich	Merchant's House, 7-9 Fye Bridge St, NR3 1LJ
Fri	10th	10:30	Coffee and Catch Up - Dersingham	Thaxters Coffee Shop, PE31 6NA
Mon	13th	13:30	Virtual Café	Online via our website
Tues	14th	13:00	Sheringham Café Catch Up *NEW*	Sheringham Little Theatre, 2 Station Road, Sheringham, NR26 8RE
Fri	17th	10:00	Re-Do Craft Social (<i>Booking required</i>)	Sackville Place, 44 - 48 Magdalen Street, NR3 1JU
Mon	20th	13:30	Pensthorpe Café Catch Up *NEW*	Pensthorpe Rd, Fakenham, NR21 0LN
Tue	21st	10:30	Coffee and Catch Up Theatre Royal Café *NEW*	Theatre Royal Cafe, Norwich, NR2 1RL
Wed	22nd	18:00	Virtual Quiz	Online via our website
Thu	23rd	13:00	Whitlingham Café Catch Up	Flint Barn, Whitlingham Lane, NR14 8TR
Mon	27th	13:30	Virtual Café	Online via our website
Thurs	30th	12:30	Caister Café Catch Up	The Rabbit Hutch, Caister, NR30 5ET

Any queries please email us on socials@wellbeingandw.co.uk

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