

We're going to

“Do Blue”

with

 mind

Norfolk and  
Waveney

this World Mental  
Health Day

10 October



Find out how you can get involved  
[norfolkandwaveneymind.org.uk/do-blue](http://norfolkandwaveneymind.org.uk/do-blue)

Registered charity - no. 1118449

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# We raised



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In aid of  
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