

wellbeing Socials

Community Socials October 2023



Norfolk and Waveney
Talking Therapies

Date & Time...			Event...	Location...
Mon	2nd	13:30	Virtual Café	Online via our website
Tue	3rd	12:00	Halesworth Wellbeing Social	Chinny's, Halesworth, IP19 8BX
Thu	5th	12:30	Allotment Group	St Margaret's Rd, Lowestoft, NR32 4HN
Thu	5th	18:00	Dungeons & Dragons One Shot (booking required)	Athena Games, Norwich, NR2 1ER
Thu	5 th	18:30	Dungeons & Dragons Character Building Workshop – NEW! (booking required)	Athena Games, Norwich, NR2 1ER
Wed	11th	18:00	Crosswords	Online via our website
Thu	12th	10:30	Coffee & Catch Up - Norwich	Merchant's House, 7-9 Fye Bridge St, NR3 1LJ
Thu	12th	12:30	Allotment Group	St Margaret's Rd, Lowestoft, NR32 4HN
Fri	13th	10:30	Coffee and Catch Up - Dersingham	Thaxters Coffee Shop, PE31 6NA
Mon	16th	13:30	Virtual Café	Online via our website
Thu	19th	12:30	Allotment Group	St Margaret's Rd, Lowestoft, NR32 4HN
Fri	20th	10:00	Re-Do Craft Social (Booking required)	44 - 48 Magdalen Street Sackville Place NR3 1JU
Tue	24th	10:30	Coffee and Catch Up Theatre Royal Café *NEW*	Theatre Royal Cafe, Norwich, NR2 1RL
Wed	25th	18:00	Virtual Quiz	Online via our website
Thu	26th	12:30	Allotment Group	St Margaret's Rd, Lowestoft, NR32 4HN
Mon	30th	13:30	Virtual Café	Online via our website

Scan for more events, more info and to subscribe!

Any queries please email us on socials@wellbeingnandw.co.uk



Norfolk and
Waveney

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